

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Irish in Britain	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Islington	
Contact person: Ms Jennie McShannon	Position: CEO
Website: http://www.irishinbritain.org	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 1092268
When was your organisation established? 20/06/1973	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? People living with Alzheimer's and other forms of dementia having a better quality of life Older Londoners aged 75 years and over living more active and healthier lives
Please describe the purpose of your funding request in one sentence. A volunteer coordinator to engage older people in volunteering activities to improve social and cultural inclusion activities for older Irish people living with dementia.
When will the funding be required? 30/07/2014
How much funding are you requesting? Year 1: £23,056 Year 2: £22,688 Year 3: £23,070 Total: £68,823

Aims of your organisation:

Irish in Britain is the only national representative organisation for the Irish voluntary and community sector in Britain. Our aims and objectives reflect five key strands: 1) Network: We facilitate Irish community engagement through the development of a broad and inclusive network that embraces the different communities of interest of the Irish in Britain. 2) Organisational Development: We support sustainability and growth of Irish services to better serve the continuing changing demographics of the Irish community and the wider community agenda. 3) Campaigning: We aim to have the Irish community recognised and included by changing current attitudes and supporting positive change to address the needs and aspirations of all members of the Irish community in Britain. 4) Research: We support awareness and community action on issues of concern for the Irish in Britain by facilitating and promoting high quality research. 5) Policy and Government: We engage with policy influencers and makers to work together to improve inclusion and wellbeing of vulnerable Irish people.

Main activities of your organisation:

Irish in Britain is a national membership organisation representing and supporting the Irish community in Britain. We actively engage and work with community groups, welfare providers and wider community networks to effect positive change to the circumstances of the most vulnerable within the community. We have a successful track record offering direct support to organisations to improve social care and community volunteer services which respond to needs relating to welfare, housing, health and cultural/social isolation. We underpin our community development work through policy and research activities and awareness campaigns/programmes. Our approach is to develop fruitful and solution focused partnerships with policymakers, commissioners, statutory and voluntary sectors. We work integrally with our membership who provide welfare/community led services and support groups to raise awareness of health inequalities and other issues facing the Irish in Britain. Our current activities focus on developing dementia sensitive services, the role of cultural activities in maintaining healthier lifestyles and social inclusion and community action through volunteering.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
7	3	12	15

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	4 years

Summary of grant request

We know from the Census (2011) that there are 175,972 Irish people living in London. More than 60,000 are aged over 60 years old. One in ten Irish people in the city are carers. There is significant concern about increasing numbers of Irish people presenting with early signs of dementia attending local Irish community centres, lunch clubs and pensioner groups which are sometimes staffed but more often volunteer led.

For many older Irish people these clubs and services are their only source of social activity and engagement. Consultation with volunteers running the services describe how people with memory loss and their carers can 'disappear' as the disease starts to become socially apparent. Those with memory loss say they are embarrassed by their failing memory, their carers, usually older themselves, can be anxious and uncomfortable about the behaviour of their spouse and together they drop out of luncheon clubs and social/cultural gatherings. The resulting isolation exacerbates the problem whilst limiting opportunities for support, information, inclusion as well as brief respite for carers.

A Volunteer Coordinator will meet the following project objectives:

1: To draw on the expertise of older people experienced in health or dementia services to provide high quality training and support to older volunteers in Irish lunch and pensioner clubs in London. 30 older people will be trained and supported to become Volunteer Dementia Champions.

2: To ensure older volunteers in Irish pensioner and lunch clubs feel more confident to communicate with, engage and develop activities for older people with dementia. 40 older volunteers each year will receive 2 x ½ training on dementia awareness. 10 older people services will receive regular onsite support over a minimum of three months to embed lunch club activities which can be more inclusive of older people with dementia and support their volunteers.

3: To ensure older Irish people with dementia and their carers are included in community activities to support better health and wellbeing. 924 older Irish people with dementia and their carers will report engagement and inclusion in meaningful local social and cultural activities which they feel enable them to have a better quality and more active social life.

The project will enable people living with Alzheimer's and other forms of dementia to enjoy a better quality of life through the provision of simple but effective dementia inclusive activities. This will enable those with dementia to remain engaged and involved in their existing community support network and older peoples services. This will include a large percentage of the 20,000 of Irish people in London who are aged over 75.

As an umbrella organisation providing development support to Irish services across the city, Irish in Britain is best placed to deliver this work which will be part of our 'whole community' dementia strategy. Evaluation of our pilot project to train older volunteers outside of London has demonstrated the positive impact it can have. The project manager has extensive experience of service and volunteer management, safeguarding and community initiatives.

Older people will be at the centre of planning, reviewing and managing this project. Our Chair is a retired health academic and is our project Champion. We have good experience of recruiting and supporting volunteers through our robust volunteer policy and handbook. We will recruit volunteers of any background who can demonstrate an understanding of the particular difficulties faced by older Irish people and the value of social and cultural activities to improve health and wellbeing. Our environment policy will proactively reduce our carbon footprint.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? YES

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Over the three years 30 older people will be trained and supported to become Volunteer Dementia Champions. They will be inducted and trained to provide culturally relevant dementia awareness training and mentoring support to grass roots community organisations and pensioners groups across London

Each year, at least 40 older volunteers in Irish community groups and services will receive a sufficient training sessions on dementia awareness to address stigma, raise awareness of symptoms of early onset, how to communicate with and engage older people with dementia in low level dementia friendly activities

Each year, 10 grassroots community services for older Irish people will receive regular onsite support from our dementia champions over a minimum of three months to embed lunch club activities which can be more inclusive of people with dementia.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

30 older volunteer Dementia Champions will report feeling more actively engaged in contributing their expertise to their community by providing dementia training and service development support to community volunteers working in older Irish peoples clubs and services across London.

At least 120 Volunteers will report greater confidence and creativity in addressing stigma and promoting inclusion of those with dementia through better understanding of dementia, how to communicate with and engage older people with dementia and support their carers

At least 25 grass roots community organisations will demonstrate greater participation of older people with dementia and their carers by making their services more dementia friendly and providing a more dementia friendly environment

At least 900 older Irish people with dementia and their carers will be engaged and included in meaningful local social and cultural activities which they feel enable them to have better quality and a more active social life.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We intend to embed knowledge and skills in provision of non medical volunteer led dementia services to older people but recognise this may require some long term volunteer support. In Year 3 we will commence a focused programme of fundraising through charitable trusts and CSR and through developing relationships with businesses corporate social responsibility programmes.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,050

In which Greater London borough(s) or areas of London will your beneficiaries live?

Several SE London (25%)

Several NW London (35%)

Several SW London (20%)

Several NE London (20%)

What age group(s) will benefit?

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary NI Pension costs	15,246	15,551	15,862	46,659
Rent/Service charge/Telephone	1,743	1,778	1,796	5,316
Volunteer Training and Expenses	7,790	7,868	7,947	23,604
Insurance/HR/Legal/postage/stationary/photocopying	454	459	463	1,376
IThardware/ITSupport	419	290	293	1,002
Travel	528	533	539	1,600
Recruitment	660	0	0	660
Training/Conferences/Workshops	87	110	111	308
Linemgt/Governance/Administration	2,558	2,584	2,609	7,751

TOTAL:	29,485	29,172	29,619	88,276
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Community Fundraising campaign for Volunteer expenses	6,420	6,484	6,549	19,453
	0	0	0	0

TOTAL:	0	0	0	19,453
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary/NI Pension Costs	15,246	15,551	15,862	46,659
Rent/Service Charge/Telephone	1,743	1,778	1,796	5,316
Insurance/HR/Legal/postage/stationary/photocopying	454	459	463	1,376
Volunteer Training	1,370	1,384	1,398	4,151
Travel	528	533	539	1,600
IT hardware/Support	419	290	293	1,002
Recruitment	660	0	0	0
Line Mgt/Governance/Administration	2,558	2,584	2,609	7,751
Training/Workshops/Conferences	87	110	111	308

TOTAL:	23,065	22,688	23,070	68,823
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended -

Month: **March**

Year: **2014**

Income received from:	£
Voluntary income	23,725
Activities for generating funds	150
Investment income	2,411
Income from charitable activities	503,151
Other sources	
Total Income:	529,437

Expenditure:	£
Charitable activities	481,286
Governance costs	9,966
Cost of generating funds	
Other	
Total Expenditure:	491,252
Net (Deficit)/Surplus:	38,185
Other Recognised Gains/(Losses):	-
Net Movement in Funds:	38,185

Asset position at year end	£
Fixed assets	4,193
Investments	
Net current assets	319,162
Long-term liabilities	
*Total Assets (A):	323,355

Reserves at year end	£
Endowment funds	
Restricted funds	34,002
Unrestricted funds	289,353
*Total Reserves (B):	323,355

*** Please note that Total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

92%

Organisational changes

Describe any significant organisational changes to your structure, financial position or core activities since the date of your most recent accounts

We have moved offices and restructured to reduce our back office costs. Increasingly over the last three years we have diversified our funding with successful applications to the Arts Council (10,000), Heritage Lottery Fund (£50,000), St Stephens Green Trust (£16,000),

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	10,000	9,030

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Ireland Fund for Great Britain	0	0	6,111
St Stephens Green Trust	0	4,150	16,533
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jennie McShannon**

Role within **Cheif Executive**
Organisation: